



Laurentian Valley Township Parks and Recreation Master Plan

Public Consultation on Key Directions:

Public discussion of the ways in which recreation facilities and services can meet the needs of the residents is an important next step. From February 17th to March 23rd, the public is invited to review and comment on the work completed to date. This will help guide the development of major recommendations that will be included in the Master Plan. **Feel free to engage in all three formats!**

During this period, there are three opportunities to participate. Feel free to engage in all three formats!

- Opportunity #1** **ONLINE REVIEW OF PUBLIC INFORMATION BOARDS**
Please review this presentation and share your comments and questions on the website: www.lvtownship.ca/rec-master-plan


- Opportunity #2** **ATTEND A PUBLIC ZOOM MEETING ON MARCH 2, 2022 AT 6PM (please RSVP)**

- Opportunity #3** **ATTEND AN IN-PERSON MEETING ANYTIME BETWEEN 6 PM AND 9 PM AT SHADY NOOK RECREATION CENTRE, MARCH 23, 2022**

2021-2022 MASTER PLAN SCOPE

BOARD 1

Indoor Recreation
Arenas | Community Centres | Gymnasiums
Aquatics




Outdoor Recreation
Sports Fields | Courts | Playgrounds



Parkland & Open Space
Parks | Trail Network



Service Delivery
Services | Programs



- PRMP will guide capital and operating spending decisions over next 10 years.
- PRMP to establish common set of service related policies to guide evolution of operational practices over the next decade.

MASTER PLAN DEVELOPMENT PROCESS

Summer 2021



- ✓ Background Review
- ✓ Community Outreach and Engagement
- ✓ Environmental Scan

Fall – Winter 2021



- ✓ Review of Demographics, Trends, Gaps, etc.
- ✓ Needs Assessment
- ✓ Fiscal Review
- ✓ Interim Reporting
- ✓ On-going Engagement Activities

Winter – Spring 2022



- Consultation on Key Directions (We are HERE)
- Recommendations
- Plan Development

Indoor Recreation

- **Flexible multi-use, multi-generational** – Increasing focus on creating flexible multi-use “destination” facilities as recreation, entertainment and family centres and community hubs.
- **Sport tourism** – Throughout Canada, sport tourism represents a growing market and providing facilities to accommodate this is an important consideration.
- **Aquatics** – Emerging aquatic facility designs (fitness and leisure swimming, therapeutic programs for seniors, and splash pads/water parks for children).
- **Sustainability** – Increasing focus on the overall sustainability of a facility (e.g., net zero/carbon neutral).
- **Accessibility** – making indoor and outdoor facilities accessible for people of all ages and abilities. Indoor facilities must comply with the provincial Accessibility regulations (AODA). Encouraging cycling and walking to access facilities.



Outdoor Recreation

Emerging outdoor recreational activities that are gaining in popularity and becoming more widely programmed by municipalities across Ontario include:

- Pickleball,
- Tennis (established but growing in demand),
- Skateboard parks, BMX / Pump Tracks,
- Basketball (established but growing in demand),
- 3v3 Basketball,
- Disc Golf,
- Geocaching - real-world, outdoor, treasure hunt games using global positioning system (GPS) devices, and
- Cricket (established but growing in demand),
- Cycling,
- Power walking



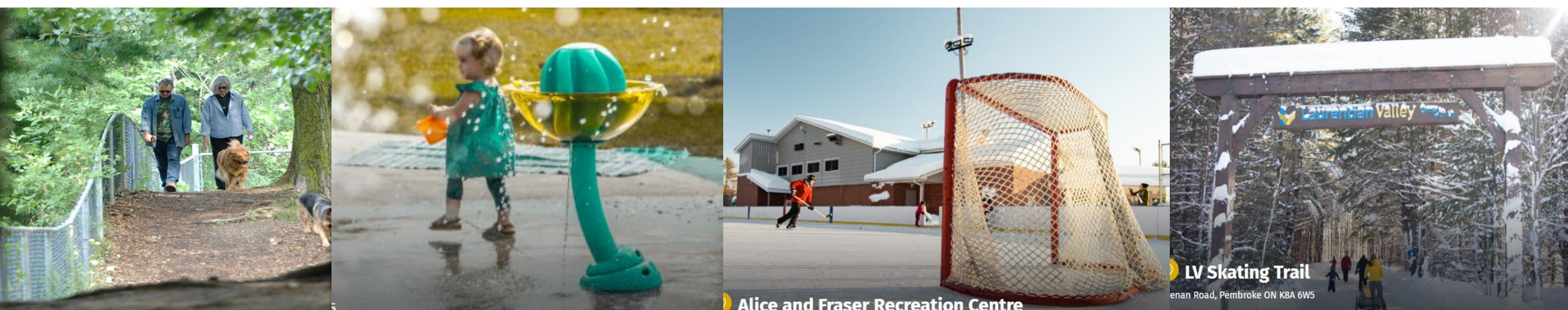
Parkland & Open Spaces

Accessible Design Standards - Many municipalities have created their own Accessibility Guidelines for development that exceed the minimum Ontario standards to optimize inclusivity and eliminate barriers for individuals with a wide range of disabilities.

Age-Friendly Approach - Parks and open spaces are increasingly designed as inclusive spaces for example by providing multi-generational amenities.

Inclusion of Underserved Populations - The amenities and services provided within parks and open spaces should be accessible to all, regardless of race, ethnicity, gender, sexual orientation, socio-economic status, or physical and cognitive abilities.

Sustainable Design Strategies - The inclusion of Low Impact Development (LID) site design strategies aim to improve storm water management quality.



Programming & Events

Trends & shifts in recreation participation are being observed at the national & provincial level, including:

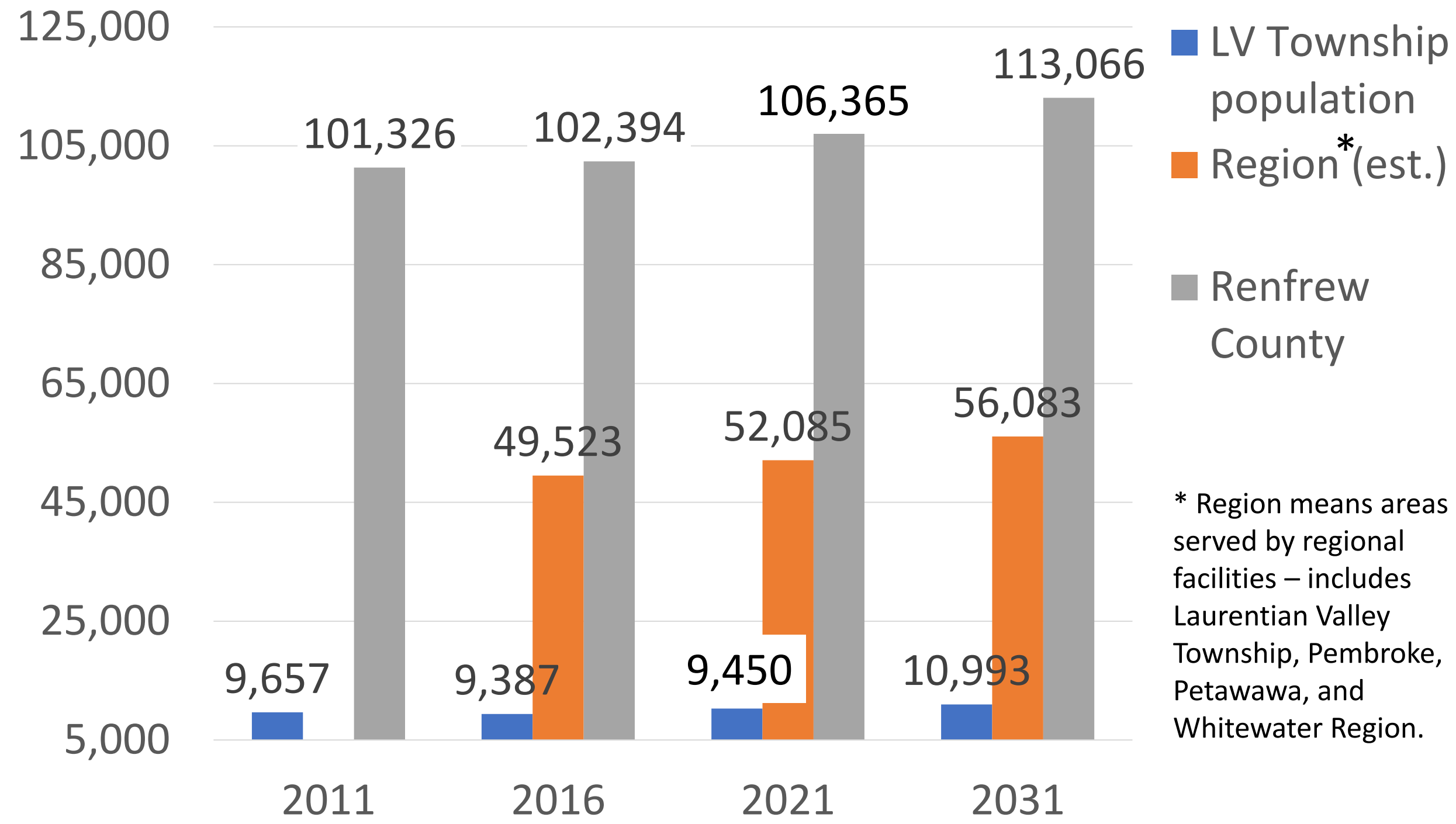
- Promoting and fostering participation in physical activity for all ages;
- The need to (re)assess opportunities diversify the suite of program options to address changes in preferences for participation;
- The decline in sport participation in favour of unorganized and/or self-directed leisure activity;
- Effective monitoring systems help inform municipal responses to parks and recreation program demand.

Local Influences & Trends in Recreation & Sport Participation

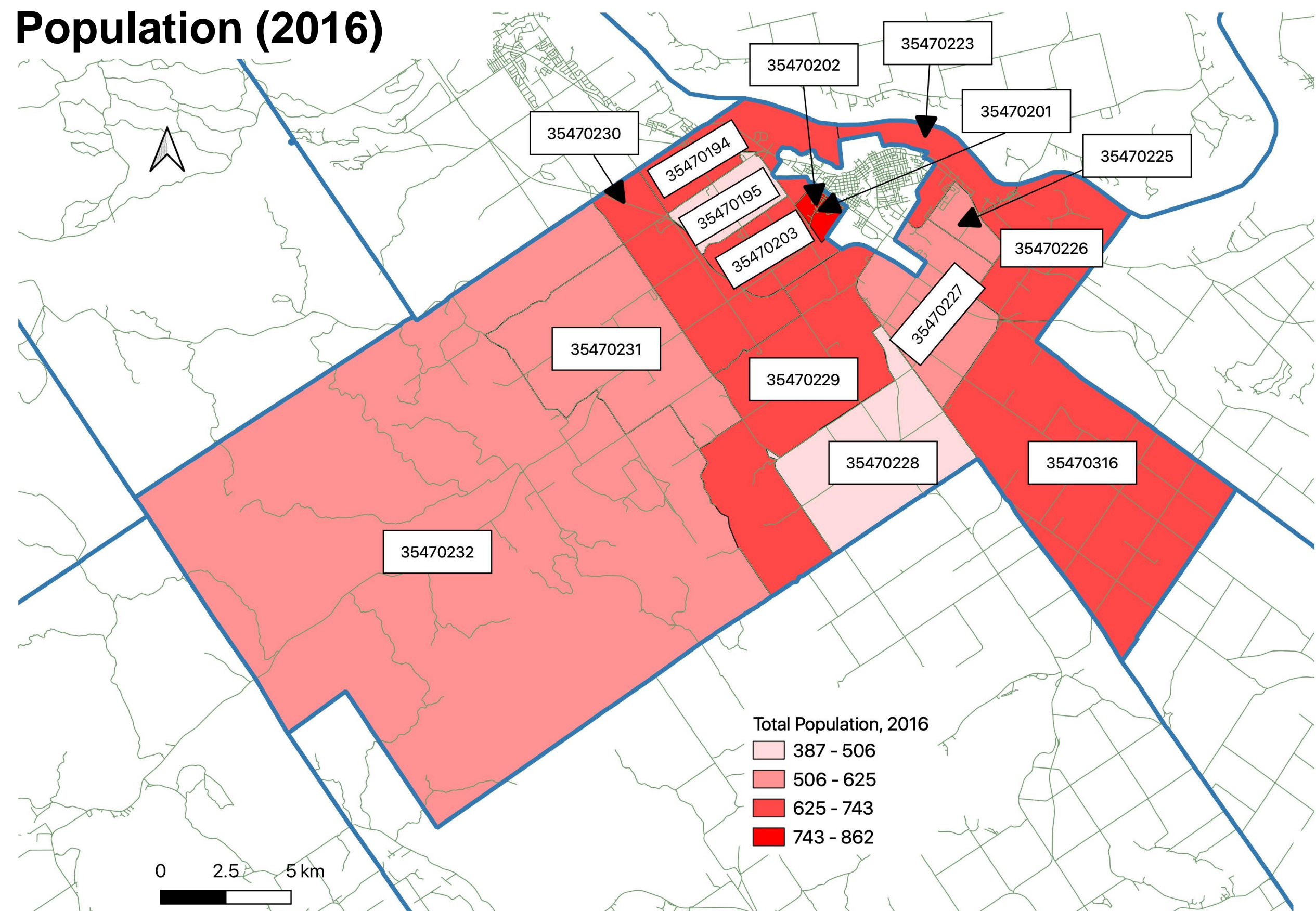
- Preserving and promoting local heritage through signage and interpretive plaques/panels.
- Further improving wayfinding, e.g. signage, maps, website information and applications to improve access to the recreation facilities in the Township.
- Creating historical murals on large wall spaces in recreation centres and other facilities.
- More space for outdoor activities year-round.
- Promoting active leisure and transportation.
- Integrate indigenous and local history/educational opportunities.

A GROWING & CHANGING TOWNSHIP

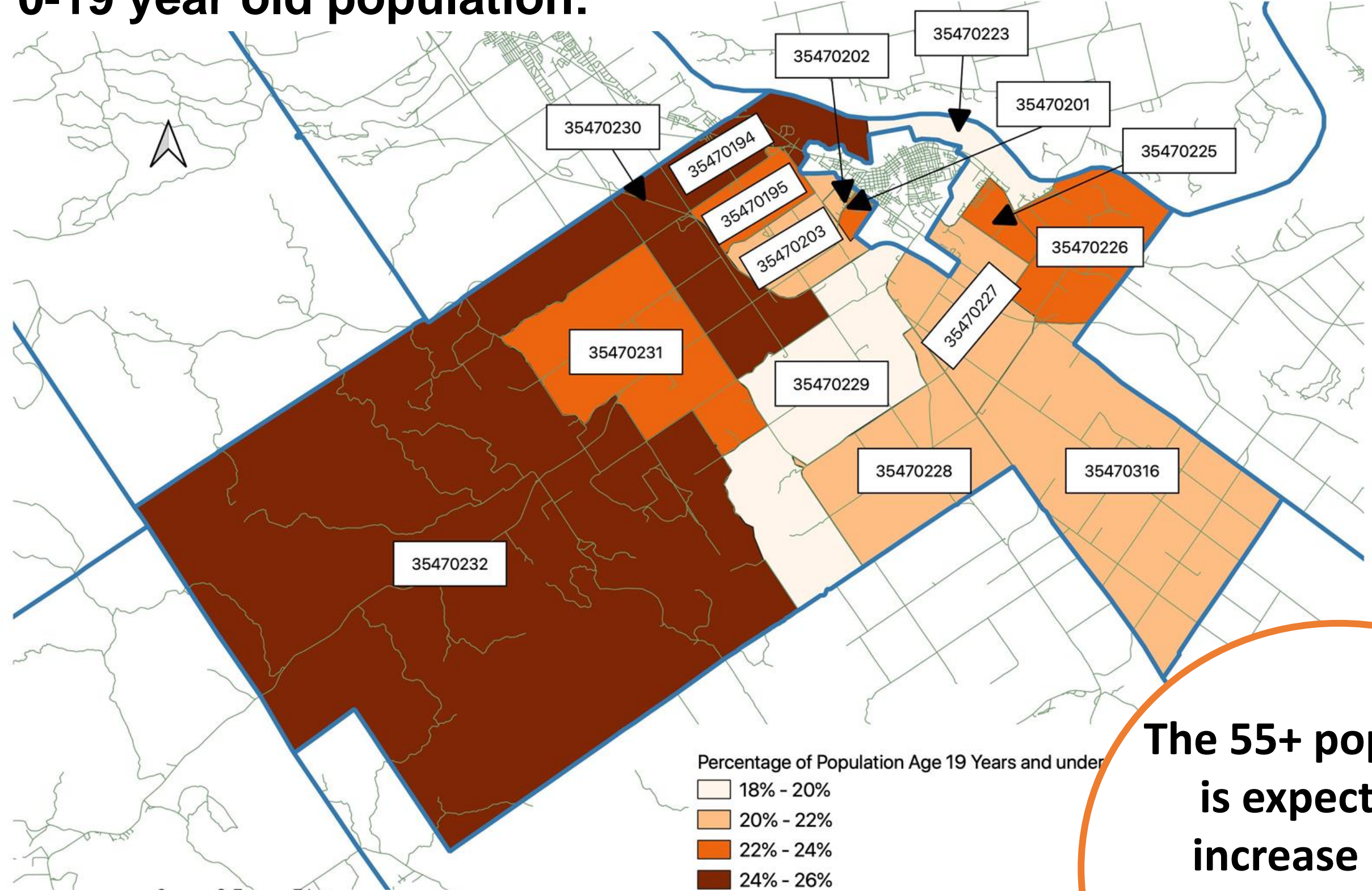
Estimated Population Growth:



Population (2016)

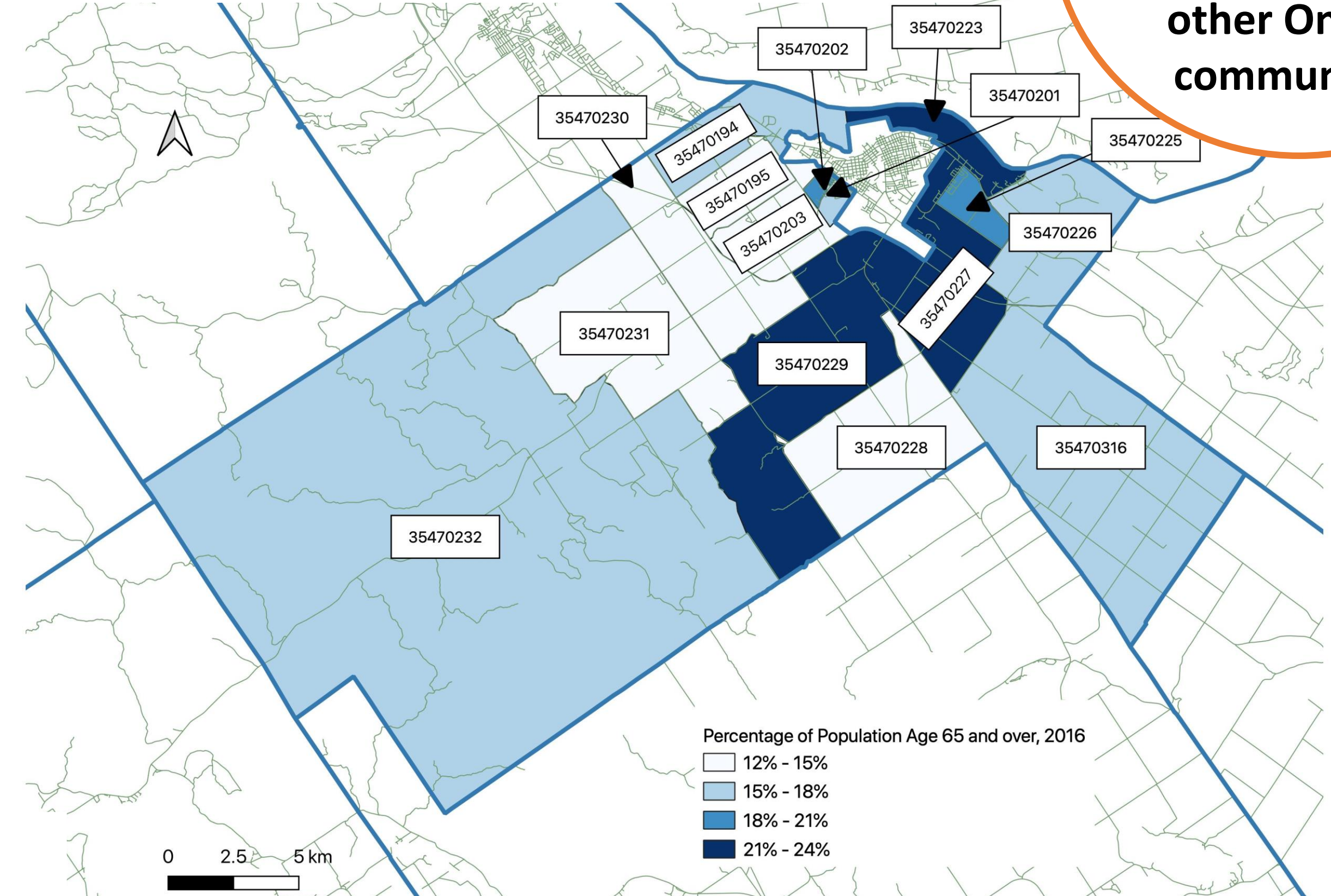


0-19 year old population:



The 55+ population is expected to increase in the Township similar to other Ontario communities

65+ years old population:



WHAT WE HAVE HEARD

Engagement Activities:

- Dedicated project webpage
- Social media presence and outreach
- Online public survey (263 responses)
- Consultations with volunteers boards – Recreation Centres and Parks
- Internal stakeholder sessions (Council, Township Staff and Volunteers)
- External stakeholder interviews (recreation providers, educators, regulatory authorities)

Key Highlights from Feedback:

Indoor Recreation

- Facilities for different ages
- Accessibility / sustainability
- Indoor sports fields / courts
- Indoor gym
- Arenas
- Indoor / outdoor aquatics facilities

Parkland / Outdoor Recreation

- Additional amenities (shade structures, washrooms, splashpads);
- Well-maintained sports courts & fields
- Making trails safer for walkers and cyclists
- Walking / cycling trails
- Additional neighbourhood / community parks;
- Year-round outdoor activities for all ages

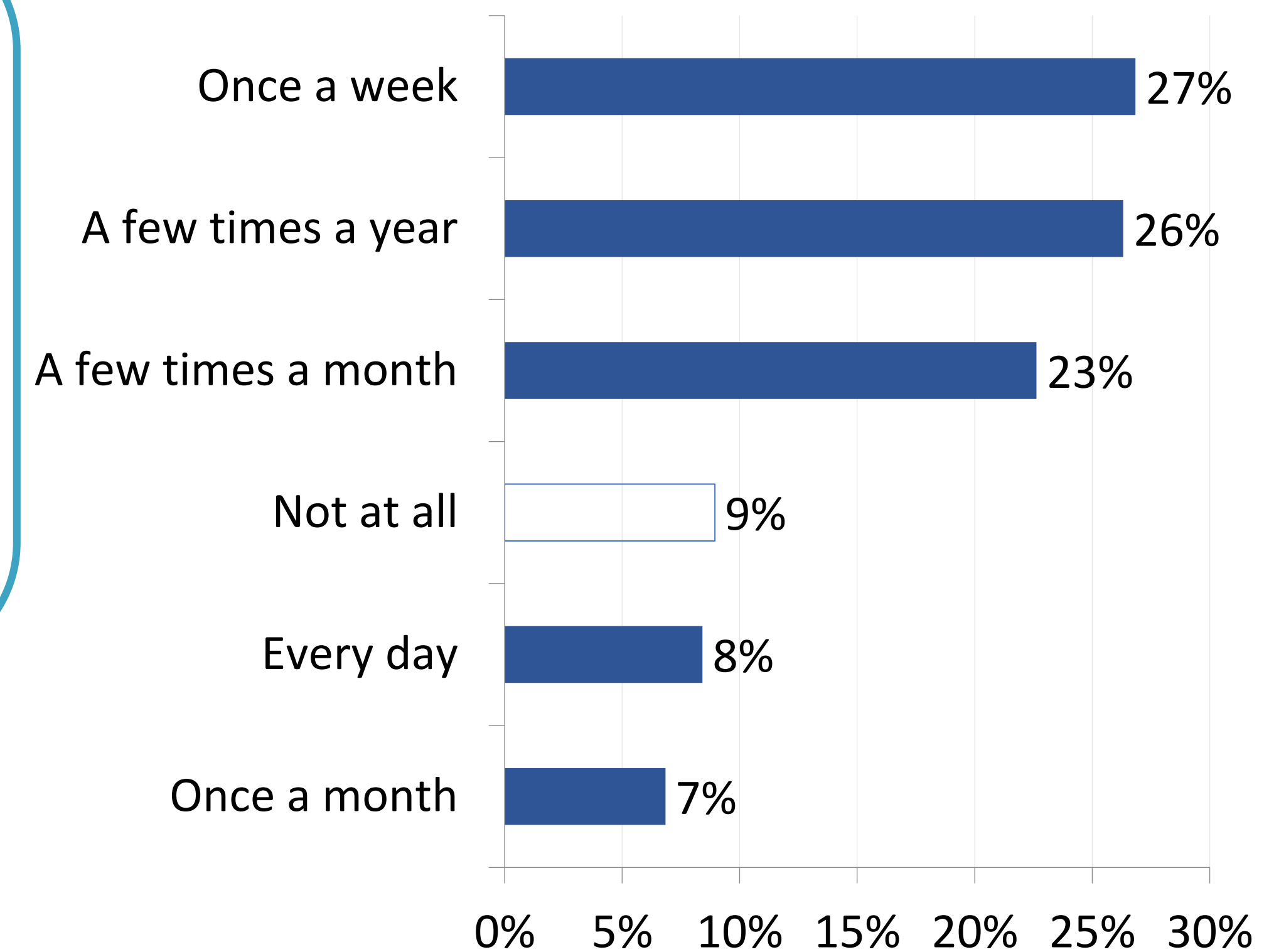
Programming / Special Events

- Flexible multi-use, multi-generational programs
- Accessibility
- Unstructured sports and activities
- Flexible parkland for variety of passive and active opportunities

Emerging Themes – Engagement Results:

- Theme 1** Maintaining and upgrading existing parkland and facilities
- Theme 2** Improving community health and recreation and sports opportunities
- Theme 3** Recreation and sports for all ages
- Theme 4** Greater opportunity for active outdoor and indoor recreation year-round
- Theme 5** Accessibility
- Theme 6** Community and Volunteer-based boards work. Township’s support is important

How often respondents and their families use Laurentian Valley's recreation centres and parks (n=240)



RECREATION CENTRES

Municipal Supply: 3

- Alice & Fraser Recreation Centre
 - Shady Nook Recreation Centre
 - Stafford Recreation Centre
- Recreation centres are run by Community Volunteer Boards*

Future Factors of Influence:

- Population growth & change
- Celebrating Local Heritage
- Accessibility and safety
- Older buildings and capital investment requirements

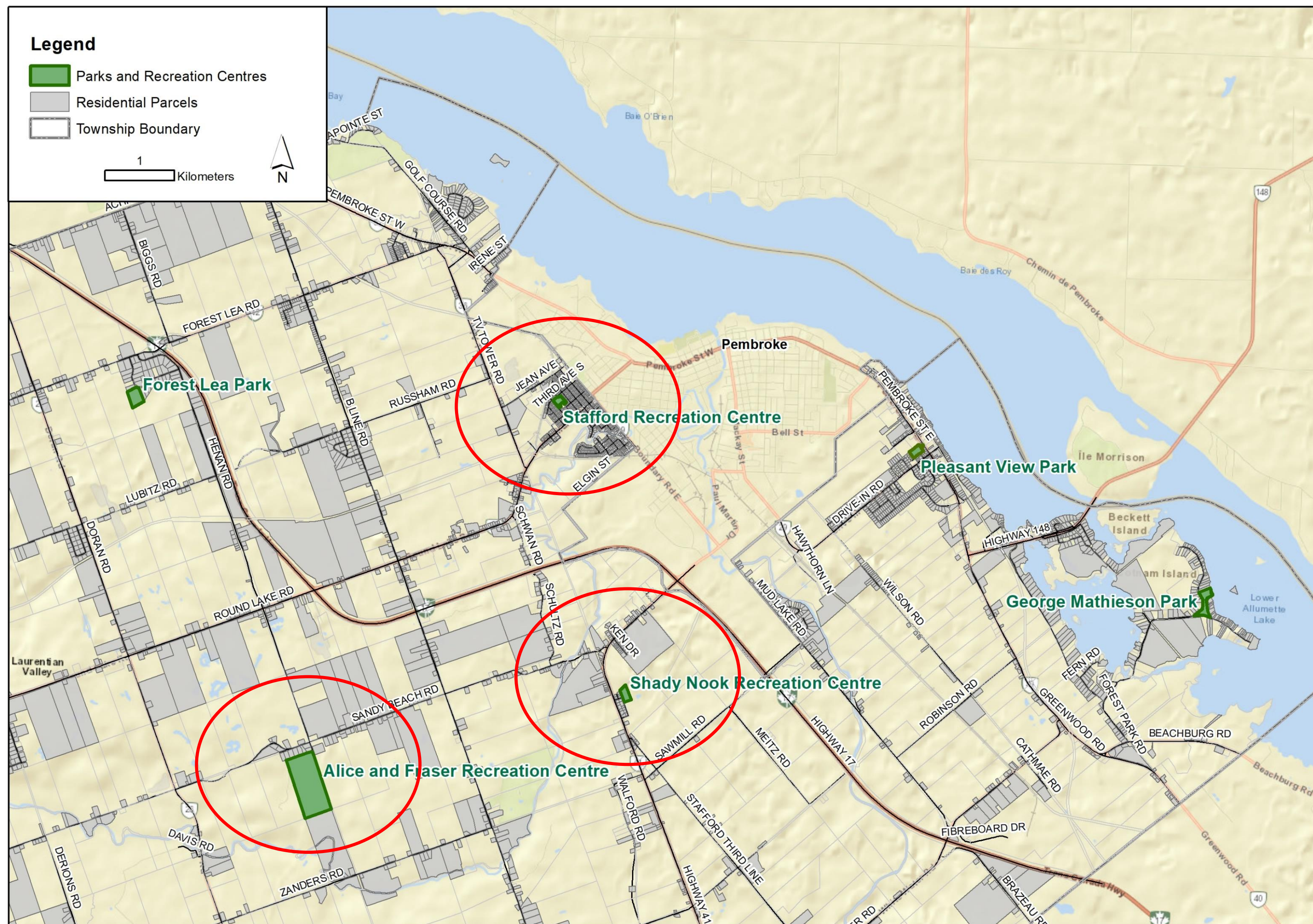
Ideas for Master Plan:

Maintain existing Recreation Centres - limited investment

Invest in Recreation Centres – to add new facilities and support renovation

Expand programming

Invest in a new Recreation Centre comprising a new state of the art indoor recreation centre.



Laurentian Valley Township Parks and Recreation Centres

ARENAS – INDOOR ICE

Regional Supply:

Arenas: 7 ice surfaces (*all outside LVT*)

- Pembroke Memorial Centre – 1 ice surface
- Pembroke Curing Club – 4 ice surfaces
- Silver Dart Arena at CFB Petawawa – 2 ice surfaces

Standards:

- Current: 1 ice pad per 7,700 regional residents
- Target: 1 ice pad per 450-700 participants or 1 per 8,000 – 10,000 residents

Future Factors of Influence:

- Population growth regionally
- Significant regional supply exists
- Good standard of ice provision
- Facilities are ageing



Ideas for Master Plan - Arenas

Future options include:

Continue to utilize ice arenas located elsewhere

Maintain the status quo (a good supply of facilities regionally)

Build indoor ice in the Township and support capital and operating budgets

Focus on existing outdoor rinks – provide a roof cover on one or both

What we have heard:

If you and/or members of your household use indoor arenas outside of Laurentian Valley, which facilities do you use?

Answer Choices	Responses	
Arenas in Pembroke (Pembroke Memorial Centre, PACC) – 1 ice surface	89%	134
Silver Dart Arena at CFB Petawawa – 2 ice surfaces	34%	52
Other arena (please specify)	21%	31

AQUATICS

Supply:

Regional Supply: 2

- Kinsmen Pool in Pembroke
- Dundonald Hall Aquatics Centre at CFB Petawawa

Standards:

- Current Standard: 1 per 25,000 regional population
- Regional Standard : 1 per 20,000 to 35,000 +/- regional population

Future Factors of Influence:

- Population growth regionally
- Significant regional supply exists

What we have heard:

If you and/or members of your household use indoor aquatic centres/pools outside of Laurentian Valley, which facilities do you use?

Answer Choices	Responses	
Kinsmen Pool in Pembroke	68%	102
Dundonald Hall Aquatics Centre at CFB Petawawa	21%	31
Other aquatic centre/pool (please specify)	11%	17

Ideas for Master Plan

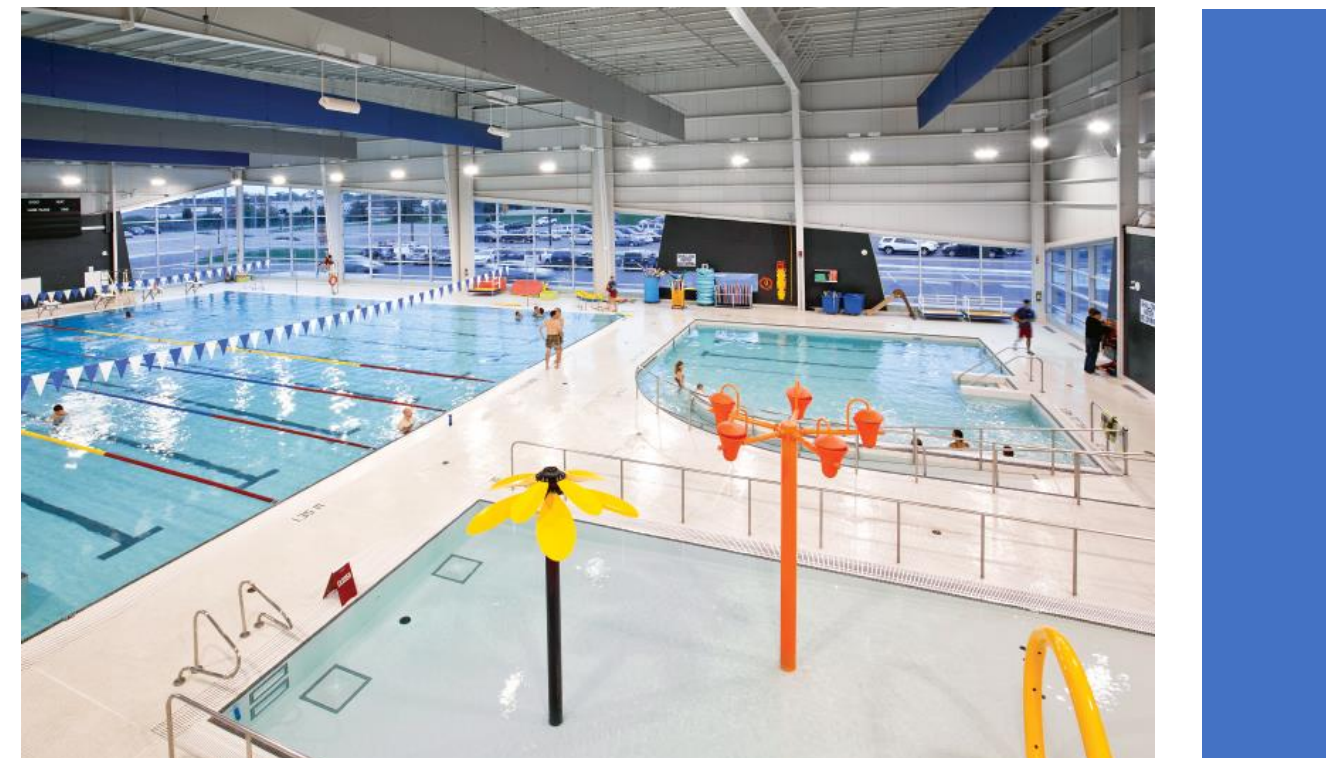
Future options include:

Maintain agreements to provide access to the aquatics facilities to LV Township residents at affordable rates

The township does not have population base to support the cost associated with an indoor pool

Ideas under consideration are as follows:

1. support for a future replacement of the Pembroke pool
2. advocacy for increased community partnerships CFB Petawawa
3. Assess the potential for a seasonal outdoor pools



RECTANGULAR FIELDS & BALL DIAMONDS

Municipal Supply:

4 Baseball Diamonds (Softball)

Alice & Fraser RC (3 fields), Stafford Park

2 Soccer Fields + 2 Smaller Playing *(fields with posts no nets or field lines)*

Shady Nook RC, Pleasant View & Alice & Fraser RC



Standards:

Current:

- 1 ball diamond per 2,347 residents
- 1 rectangular field per 3,129 residents

Target:

- 1 ball diamond per 2,000-4,000 residents
- 1 rectangular field per 1,500 – 3,000 residents

Future Factors of Influence:

- Demand is likely greater than supply in Town
- Developing rectangular fields in multi-field configurations (clusters) to create hubs for field sports to accommodate the future need for rectangular fields.

What we have heard / observed:

- *Some existing fields were well-maintained, others were not*
- *Maintenance of existing sports fields*
- *Upgrade sports facilities to regulation*
- *Activities for all ages*

Additional Capacity Needs –

Based on population / participation standards (unlit equivalents)

An additional soccer/rectangular field
Currently 2 soccer fields + 2 smaller playing fields

Where do you see opportunities to optimize capacity of existing fields / diamonds?

Ideas for Master Plan:

- Maintain existing ball diamonds & rectangular fields – no significant investment;
- Improve existing fields – better fencing, lighting, amenities;
- Build additional fields;
- Irrigate Shady Nook soccer fields and re-establish baseball diamond.

SPORT COURTS

Municipal Supply:

- **Tennis courts** – 1 (Pleasant View Park)
- **No** outdoor pickleball courts
- **Basketball Courts (2) and nets (3) – 5**
 - **2 courts** at Forest Lea & Pleasant View Parks
 - **3 nets** at Stafford Park, Alice & Fraser RC & Shady Nook RC
- **Beach volleyball Courts** – 2 (Forest Lea Park and Alice & Fraser RC)



Future Factors of Influence:

Changing trends in court-based sports:

- Pickleball is an emerging and growing sport
- Basketball is gaining in popularity among youth
- Multi-purpose courts for multi-use play

Additional Capacity Needs:

Based on population / participation standards (unlit equivalents)

- Additional outdoor tennis/pickleball courts
- Additional basketball courts

Ideas for Master Plan:

- Upgrade and expand existing tennis court at Pleasant View Park;
- Develop pickleball courts over the Plan period, comprised of a mixture of both dedicated and non-dedicated (multi-use or shared) courts in two or more locations;
- Upgrade and maintain existing basketball courts;
- Once built, the Township should continually monitor the demand and usage of the tennis courts.

Standards:

Current:

- Tennis / pickleball: 1 per 9,387 residents
- Basketball courts: 1 per 4,700
- Beach Volleyball: 1 per 4,690 residents

Target:


- 1 tennis court per 4,000-5,000 residents
- 1 basketball court 1,5000-3,000 residents or per 800 youth (age 10-19)



ACTIVE PARK AMENITIES


Amenity Type & Municipal Supply:

Playgrounds - 5




Standard:
General equitable distribution of open space across Township

Splash Pads - 1




1 splash pad at Stafford Park
New – installed in 2021

Outdoor Ice Rinks - 3



3 outdoor skating rinks at Shady Nook RC, Stafford Park, Alice & Fraser RC
Supply: 1 per 3,129
Standard: 1 ice rink per 4,000 – 5,000 residents

Cycling, ATV, Snowmobiling



- Forest Lea Mountain Bike Trails (summer)
- Algonquin Trail
- Snowmobile & Snowshoe trails (winter)

LV Four Seasons Trail



Year-round trail: skating, snowshoeing, walking & cycling trails and LV Lodge

Community Gardens - 2



Community gardens at Shady Nook and Alice & Fraser recreation centres

Ideas for Master Plan:

- Maintain investments in existing parks and active amenities;
- Support and re-invest as necessary in the three outdoor skating rinks (Stafford park reinvestment currently under way);
- Consider ice arena roof/weather cover for one or more outdoor rinks;
- Improve amenities in parks, including:
 - replacement of old play equipment, more shade structure sand seating,
 - better ground conditions (suitable surfaces for playgrounds)
- Explore the needs and opportunities for pickleball, skateboard, BMX, cycling, power walking, yoga, and other emerging outdoor sports and fitness activities for people of all ages and abilities
- Explore needs and opportunities for off-leash dog parks / areas

OTHER PARK AMENITIES: EMERGING TRENDS

Emerging Sports / Amenities



Fitness Stations



Natural Playgrounds



Group Picnic Areas



Water Bottle Filling Stations



Skateboard Parks and Pump Tracks



Face-to-Face Swings



Bike lanes to recreation facilities + bicycle parking



Ideas for Master Plan :

- Flexible multi-use, multi-generational “destination” facilities
- Celebrating Local History
- Sports tourism
- Sustainability
- Accessibility
- Active transportation
- More opportunities for year-round outdoor activities

In terms of new amenity types, what would you like to see the Township focus on for future investment within parks?

PARKLAND SUPPLY & CLASSIFICATION

Supply:

8 municipal parks
recreation centres
with parkland
(55.7 ha)

- Community parks (2):
Alice & Fraser and Shady Nook
- Neighbourhood parks (4):
Forest Lea, George Matheson Park,
Stafford Park, Pleasant View
- Parkland (2): Hazley Bay Drive and
Indian court parkland

Standards:

Current provision: 5.9 ha of
parkland per 1,000 residents.

Minimum of 4.0 ha per 1,000
residents

Ideas for the Master Plan:

- Maintain existing supply of parks;
- Ensure that have adequate seating,
shade, washrooms;
- Monitor emerging needs for parks
amenities and year-round use

Please share
your ideas about
parks



Laurentian Valley Township Parks and Recreation Centres

Current Park Classification	Number of Parks	Area (ha)	ha / 1,000 population
Regional Park			
Community Park	2	38.1	
Neighbourhood Park	4	11.0	
Local Park			
Open Space / Parkland	2	6.6	
Total	8	55.7	5.9/1,000

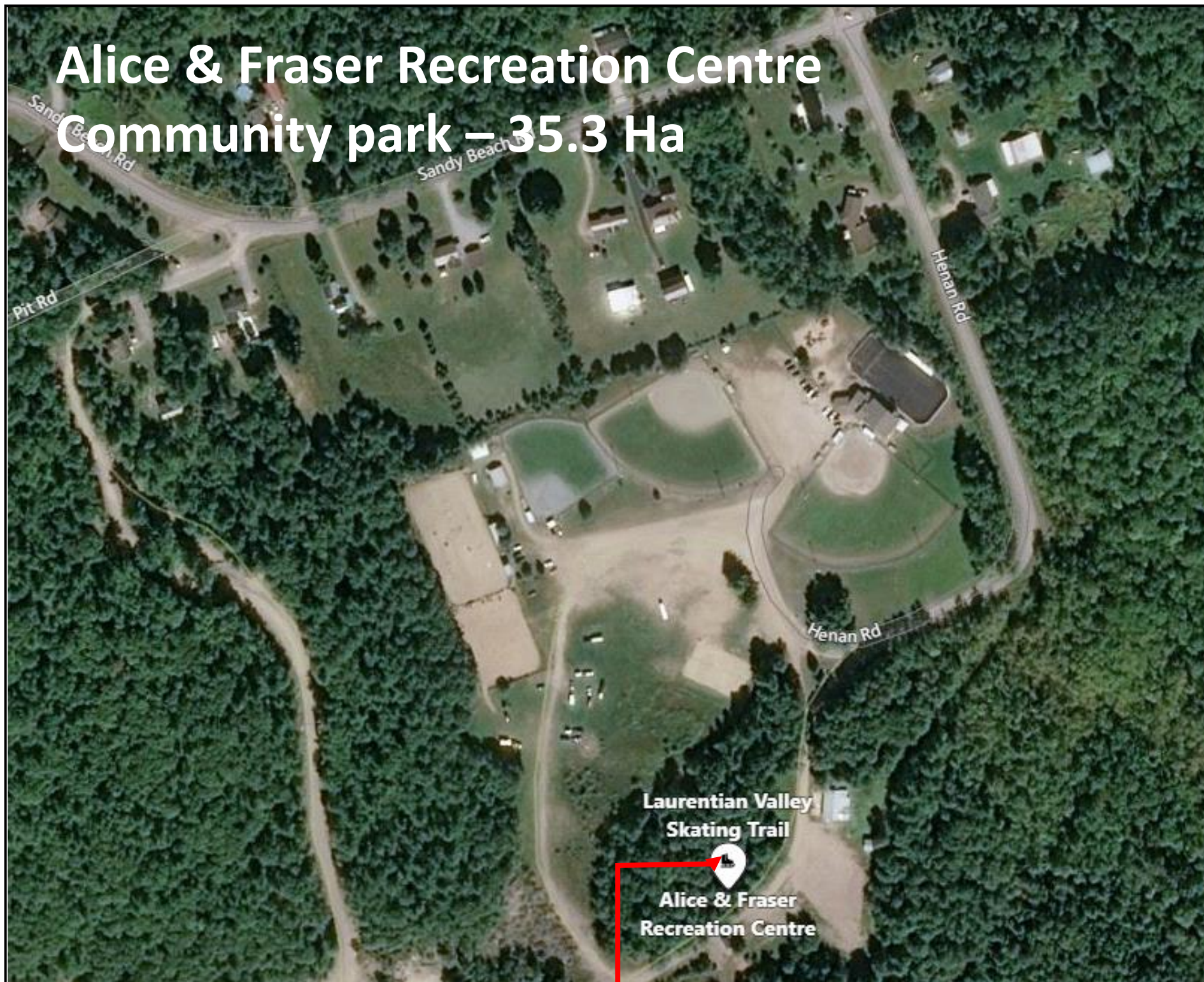
PROPOSED PARKLAND HIERARCHY

Park Classification	Service Area	Optimal Size	Potential Uses/Facilities
Destination/ Regional Parks	Municipal/regional/provincially significant destinations.	Varies	Active and/or passive recreation opportunities that meet both the needs of LV residents but are also of interest to visitors / tourists . Often related to the provision of major recreation or leisure activities and may include significant natural or historic elements.
Community Parks	Municipal: Serve more than one neighbourhood within the township but are not intended to serve the Township as a whole. Local: Cater to the recreation needs of residents who live in the general vicinity and can easily walk/bike to the park.	Min. 5.0 hectares Min. 1.0 hectares	Active and/or passive uses. Include more intensive recreational uses such as sports fields, sports courts, playgrounds, water play , amenity/support buildings and on-site parking (adequate for the uses the park provides). Combination of active and passive recreation opportunities. Include minor sports fields, multi-purpose sports courts, playgrounds, and informal play areas .
Neighbourhood Parks	Local: They are generally located in urban or residential areas, providing connections to larger parks and open spaces.	Less than 1.0 hectares	Small open spaces that have no or limited recreational facilities. Passive programming such as opportunities for seating (rest) and temporary gathering.
General Open Spaces	Municipal/local: undeveloped lands accessible to the public.	Varies	Active and passive recreation activities. These spaces may include pedestrian pathways, bicycle trails, community gardens, open lawn areas and remnant parcels of open land.
Natural Open Spaces	Regional/municipal/local: undeveloped lands accessible to the public that contain significant natural features (e.g., woodlots, wetlands, watercourses, wildlife habitat).	Varies	These spaces may include passive recreation activities that do not negatively impact ecological and biological functions of their natural surroundings.

Ideas for Master Plan:

- Adopt the Parkland Hierarchy and Classification System proposed in this Master Plan as a basis for planning for and acquiring, designing, developing, and programming parkland;
- In coordination with the Parkland Classification System, undertake a review of maintenance and operations inputs / requirements to assess existing parks operations service levels and identify areas for improvement.

PARKLAND SUPPLY & CLASSIFICATION

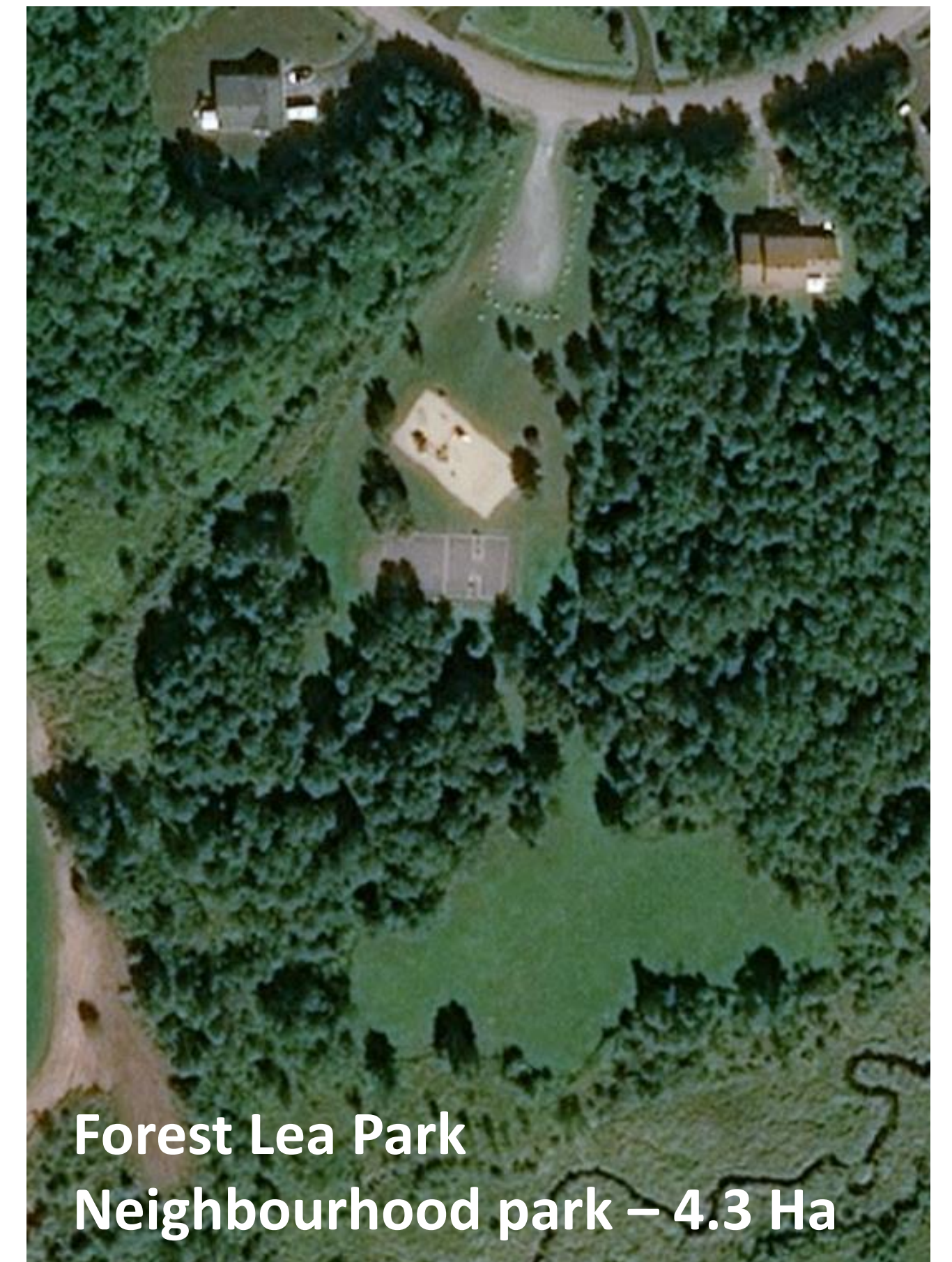


Alice & Fraser Recreation Centre
Community park – 35.3 Ha

Laurentian Valley
Skating Trail
Alice & Fraser
Recreation Centre



Shady Nook Recreation Centre
Community park – 2.8 Ha



Forest Lea Park
Neighbourhood park – 4.3 Ha



LV Four Seasons Trail & LV Lodge

0.0/1.6km

Start Point
Bon Fire Area
Picnic Tables

400m/1.3km

Big Pine

1.1km

B BENCH



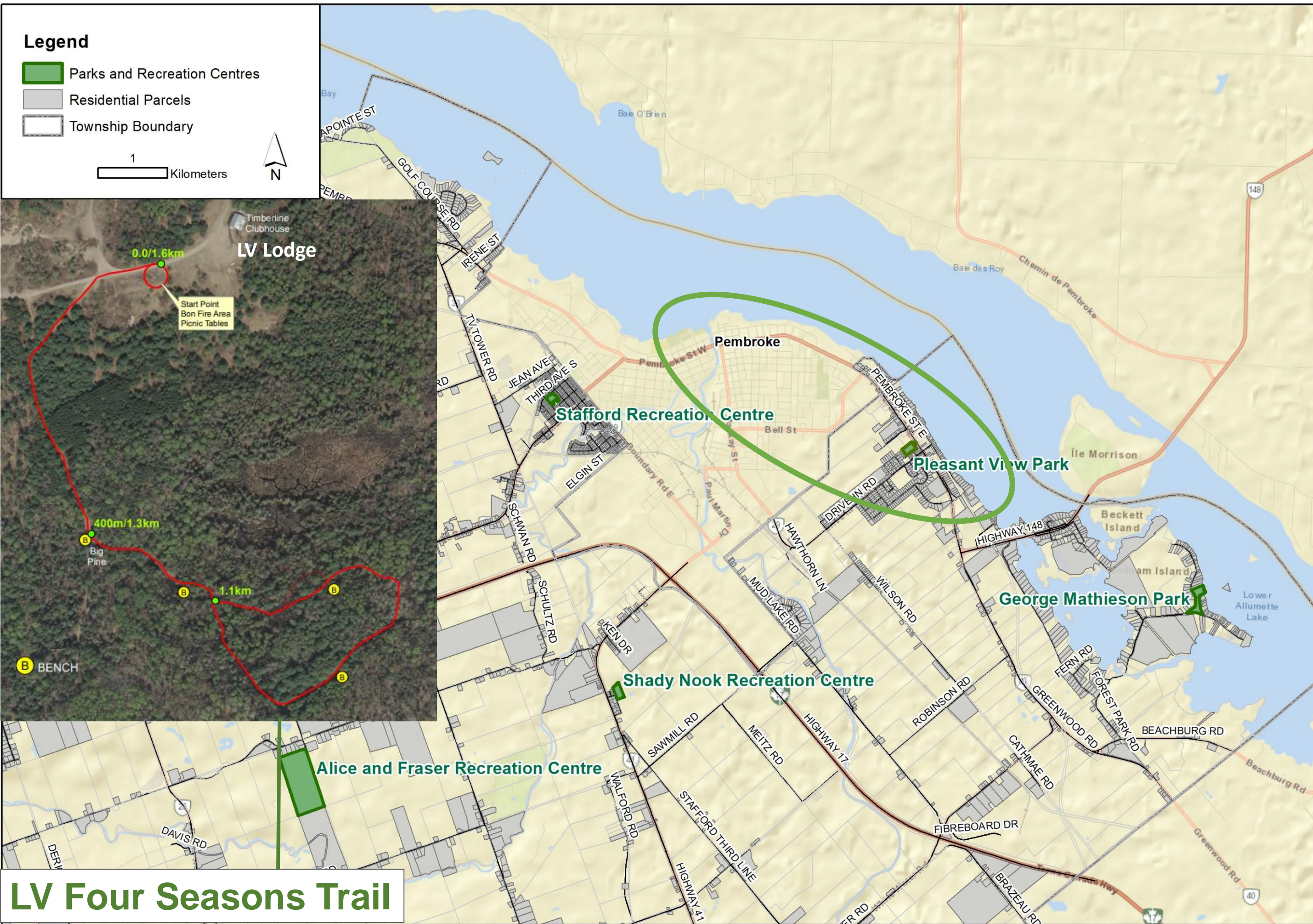
Stafford Park and Recreation Centre
Neighbourhood park – 1.6 Ha

Stafford Park



Pleasant View Park
Neighbourhood park – 0.8 Ha

TRAILS & PATHWAYS



Laurentian Valley Township Parks and Recreation Centres

Trail System	Length	Details
LV Four Seasons Trail	Skating: over 1.5km Snowshoe / walking trail: 2km	<ul style="list-style-type: none"> • Skating & Snowshoe Trails in the winter months • Walking Trail in the summer months • Located beside the Alice and Fraser Recreation Centre at 2 Henan Road, the natural ice trail • LV Lodge building available for rental use by residents located at the foot of the trail • Run by volunteers
Algonquin Trail (County of Renfrew)	13 km (in LVT)	<ul style="list-style-type: none"> • Former CP Railway owned by the County of Renfrew • Motorized and non-motorized trail • Runs through Laurentian Valley as well as other municipalities in Renfrew County
ATV/Snowmobile trail		<ul style="list-style-type: none"> • Former CN Railway corridor throughout the county • Leased lands for motorized trail use

Ideas for Master Plan:

- Ensure compatibility of trail user groups (pedestrians vs. ATV) or otherwise propose dedicated use sections or separate out methods of transportation;
- Consider signage speed limits, avoiding seasonal conflict;
- Integrate Recreation plan with active transportation plans (walking, cycling, etc.) to better connections across the Township;
- Review opportunities to improve trail connectivity within parks and to/from parkland and open spaces across the Township.
- Explore the potential to develop future trails and connections;
- Develop a Trail Management Plan outlining maintenance standards and guidelines for each of the trail types.

What we have heard:

- *More trails, more non-motorised trails, biking trails*
- *Separate motorized and non-motorised trail users*
- *Adequate seating, shade, washrooms (trails and parks)*
- *Increased connectivity and accessibility*
- *Develop trails that accommodate all uses as well as separate trails for walking / cycling (separate from motorised trails)*

**Are there additional trails or trail amenities that you would like to see?
What is needed and where?**

AT definition:

Facilities that support non-motorized transportation – e.g. walking and cycling to get from point A to point B and to be active while travelling for work, errands, or leisure.

Supply:

Two parks are equipped with bicycle racks;

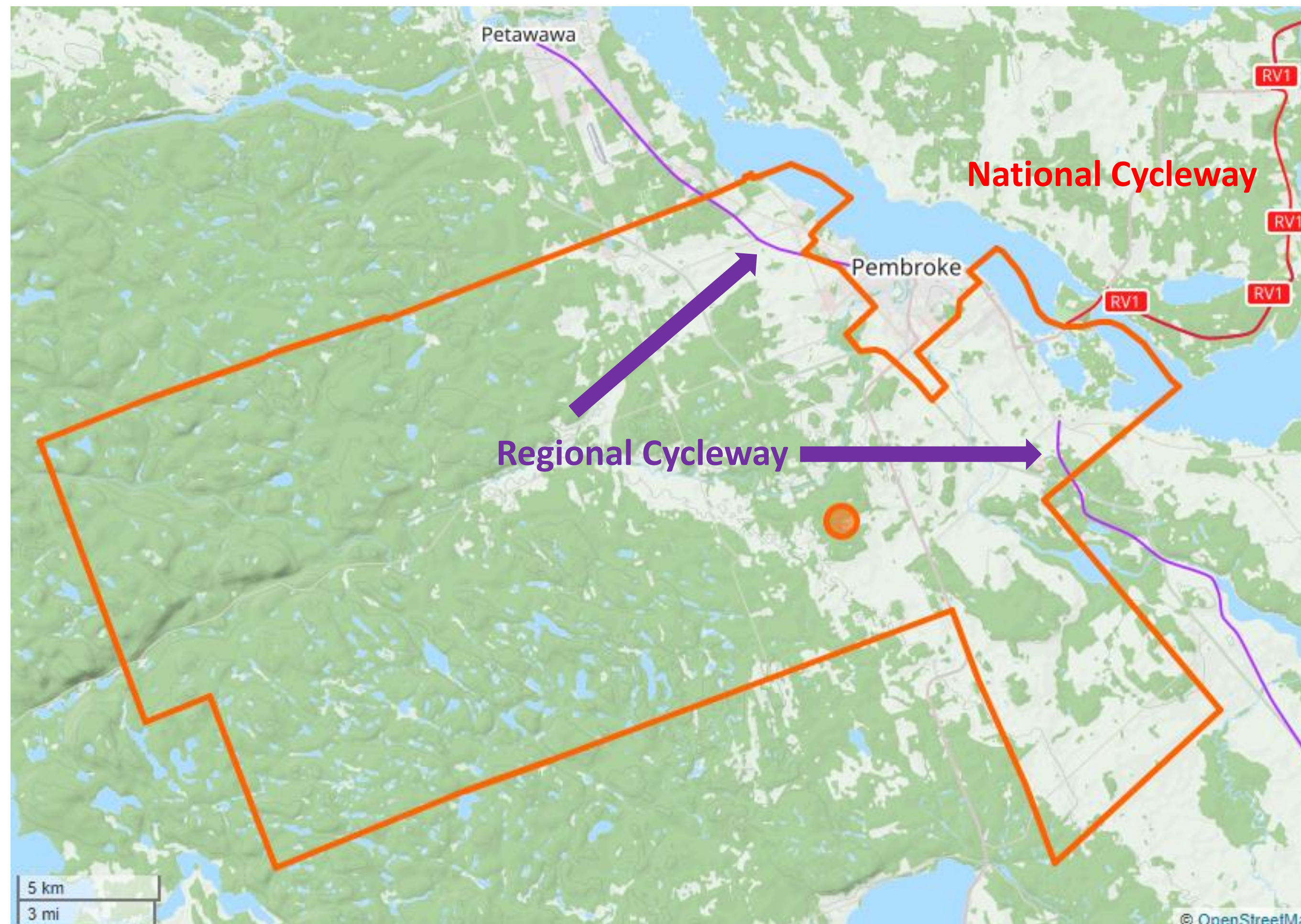
However, no bicycle lanes leading to parks / recreation facilities;

Insufficient bicycle parking

Principles:

- active lifestyle,
- sustainability and equity,
- economic prosperity,
- affordability,
- access to outdoor and indoor recreation facilities

Opportunities to Improve the Active Transportation Network



Support for AT:

- Infrastructure Canada provides funding for regions and local municipalities to build active transportation infrastructure, bicycle lanes, trails and pathways;
- Both Canada and Ontario AT Strategies encourage promotion of active transportation and development of AT infrastructure.

Ideas for Master Plan:

- Integrate Recreation Plan with active transportation plans (walking, cycling, etc.) to better connections across the Township and with the regional and national cycleways;
- Consider creating an Active Transportation plan as a part of both recreation and transportation planning;
- Consider creating AT infrastructure to offer safety, and connectivity to encourage active travel;
- Assess the situation with AT in the Township and explore best practices and opportunities;
- Explore the potential to develop future trails and connections through the planning and design to improve the connectivity of the township from an active transportation perspective.

Share your suggestions for Active Transportation improvement

TO LEARN MORE & PROVIDE ADDITIONAL COMMENTS

Thank you for viewing this presentation, **please share your comments and questions on the website**

Attend **a public Zoom meeting at 6pm on March 2, 2022** (please RSVP)

Attend **an in-person meeting 6m to 9 pm at Shady Nook Recreation Centre on March 23, 2022**

**FOR MORE INFORMATION PLEASE VISIT THE TOWNSHIP OF LAURENTIAN VALLEY
PARKLAND AND RECREATION MASTER PLAN WEBSITE:**

www.lvtownship.ca/rec-master-plan

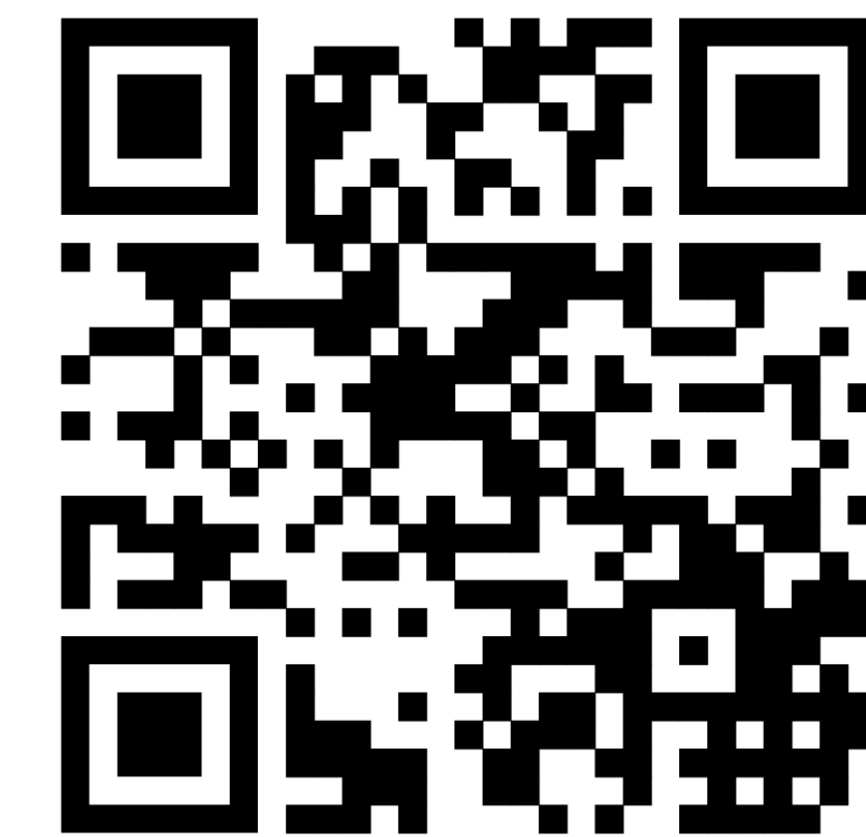
Get In Touch

Navada Sargent, Planning and
Recreation Coordinator

Phone: 613-735-6291 or

Email: nsargent@lvtownship.ca

**SCAN THIS QR CODE
WITH YOUR PHONE
CAMERA TO ACCESS
THE WEBSITE:**



LV Four Seasons Trail



Pleasant View Park

90 Spruce Street, Pembroke ON K8A 7Z1



Shady Nook Recreation Centre

80 Richardson Cres, Pembroke ON K8A 6W5



Splash Pad

Stafford Park